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OWP 2019 - 20

ARINDAM BISWAS

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of Finite Groups

Mathematisches Forschungsinstitut Oberwolfach gGmbH
Oberwolfach Preprints (OWP) ISSN 1864-7596

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Mathematisches Forschungsinstitut Oberwolfach gGmbH (MFO)
Schwarzwaldstrasse 9-11
77709 Oberwolfach-Walke
Germany

Tel +49 7834 979 50
Fax +49 7834 979 55
Email admin@mfo.de
URL www.mfo.de

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DOI 10.14760/OWP-2019-20

ON A CHEEGER TYPE INEQUALITY IN CAYLEY GRAPHS OF FINITE GROUPS

ARINDAM BISWAS

ABSTRACT. Let G be a finite group. It was remarked in [BGGT15] that if the Cayley graph $C(G, S)$ is an expander graph and is non-bipartite then the spectrum of the adjacency operator T is bounded away from -1 . In this article we are interested in explicit bounds for the spectrum of these graphs. Specifically, we show that the non-trivial spectrum of the adjacency operator lies in the interval $\left[-1 + \frac{h(\mathbb{G})^4}{\gamma}, 1 - \frac{h(\mathbb{G})^2}{2d^2}\right]$, where $h(\mathbb{G})$ denotes the (vertex) Cheeger constant of the d regular graph $C(G, S)$ with respect to a symmetric set S of generators and $\gamma = 2^9 d^6 (d+1)^2$.

1. INTRODUCTION

Throughout this article we will consider a finite group G with $|G| = n$. We will denote by $C(G, S)$ for a symmetric subset $S \subset G$ of size $|S| = d$, to be the Cayley graph of G with respect to S . Then $C(G, S)$ is d regular. Given a finite d regular Cayley graph $C(G, S)$, we have the normalised adjacency matrix T of size $n \times n$ whose eigenvalues lie in the interval $[-1, 1]$. The normalised Laplacian matrix of $C(G, S)$ denoted by L is defined as

$$(1.1) \quad L := I_n - T,$$

where I_n denotes the identity matrix. The eigenvalues of L lie in the interval $[0, 2]$. It is easy to see that 1 is always an eigenvalue of T and 0 that of L . We denote the eigenvalues of T as $-1 \leq t_n \leq \dots \leq t_2 \leq t_1 = 1$ and that of L as $\lambda_i = 1 - t_i, i = 1, 2, \dots, n$. The graph $C(G, S)$ is connected if and only if $\lambda_2 > 0$ (equivalently $t_2 < 1$). The graph is bipartite if and only if $\lambda_n = 2$.

We recall the notion of Cheeger constant.

Definition 1.1 (Vertex boundary of a set). *Let $\mathbb{G} = (V, E)$ be a graph with vertex set V and edge set E . For a subset $V_1 \subset V$, let $N(V_1)$ denoting the neighbourhood of V_1 be*

$$N(V_1) := \{v \in V : vv_1 \in E \text{ for some } v_1 \in V_1\}.$$

Then the boundary of V_1 is defined as $\delta(V_1) := N(V_1) \setminus V_1$.

Definition 1.2 (Cheeger constant). *The Cheeger constant of the graph $\mathbb{G} = (V, E)$, denoted by $h(\mathbb{G})$ is defined as*

$$h(\mathbb{G}) := \inf \left\{ \frac{|\delta(V_1)|}{|V_1|} : V_1 \subset V, |V_1| \leq \frac{|V|}{2} \right\}.$$

This is also called the vertex Cheeger constant of a graph.

Key words and phrases. Cheeger inequality, expander graphs, finite Cayley graphs.
To appear in the European Journal of Combinatorics.

Definition 1.3 ((n, d, ϵ) expander). *Let $\epsilon > 0$. An (n, d, ϵ) expander is a graph (V, E) on $|V| = n$ vertices, having maximal degree d , such that for every set $V_1 \subseteq V$ satisfying $|V_1| \leq \frac{n}{2}$, $|\delta(V_1)| \geq \epsilon|V_1|$ holds (equivalently, $h(\mathbb{G}) \geq \epsilon$).*

In this article, we are interested in the spectrum of the Laplace operator L for the Cayley graph $C(G, S)$. The Cayley graph is bipartite if and only if there exists an index two subgroup H of G which is disjoint from S . See Proposition 2.6. It was observed in [BGGT15](Appendix E) that if $C(G, S)$ is an expander graph and is non-bipartite, then the spectrum of T is not only bounded away from 1 but also from -1 . Here we show that

Theorem 1.4. *Let the Cayley graph $C(G, S)$ be an expander with $|S| = d$ and $h(G)$ denote its Cheeger constant. Then if $C(G, S)$ is non-bipartite, we have*

$$\lambda_n \leq 2 - \frac{h(G)^4}{\alpha d^6 (d+1)^2},$$

where λ_n is the largest eigenvalue of the normalised Laplacian matrix and α is an absolute constant (we can take $\alpha = 2^9$).

The strategy of the proof closely follows the combinatorial arguments of Breuillard–Green–Guralnick–Tao in [BGGT15].

2. PROOFS

There are two notions of expansion in graphs - the vertex expansion as in Definition 1.3 and the edge expansion.

Definition 2.1 (Edge expansion). *Let $\mathbb{G} = (V, E)$ be a d -regular graph with vertex set V and edge set E . For a subset $V_1 \subset V$, let $E(V_1, V \setminus V_1)$ be the edge boundary of V_1 , defined as*

$$E(V_1, V \setminus V_1) := \{(v_1, s) \in E : v_1 \in V_1, v_1 s \in V \setminus V_1\}.$$

Then the edge expansion ratio $\phi(V_1)$ is defined as

$$\phi(V_1) := \frac{|E(V_1, V \setminus V_1)|}{d|V_1|}.$$

Definition 2.2 (Edge-Cheeger constant). *The edge-Cheeger constant denoted by $\mathfrak{h}(\mathbb{G})$ is*

$$\mathfrak{h}(\mathbb{G}) := \inf_{V_1 \subset V, |V_1| \leq |V|/2} \phi(V_1).$$

In a d regular graph the two Cheeger constants are related by the following -

Lemma 2.3. *Let $\mathbb{G} = (V, E)$ be a d -regular graph*

$$\frac{h(\mathbb{G})}{d} \leq \mathfrak{h}(\mathbb{G}) \leq h(\mathbb{G}).$$

Proof. Let $V_1 \subset V$ and we consider the map

$$\psi : E(V_1, V \setminus V_1) \rightarrow \delta(V_1) \text{ given by } (v_1, s) \rightarrow v_1 s.$$

The map is surjective hence we have the left hand side and at the worst case d to 1 wherein we get the right hand side. \square

We have the following inequalities, called the discrete Cheeger-Buser inequality. It is the version for graphs of the corresponding inequalities for the Laplace-Beltrami operator on closed Riemannian manifolds. It was first proven by Cheeger [Che70] (lower bound) and by Buser [Bus82] (upper bound). The discrete version was shown by Alon and Millman [AM85] (Proposition 2.4).

Proposition 2.4 (Discrete Cheeger-Buser inequality). *Let $\mathbb{G} = (V, E)$ be a finite d -regular graph. Let λ_2 denote the second smallest eigenvalue of its normalised Laplacian matrix and $\mathfrak{h}(\mathbb{G})$ be the (edge) Cheeger constant. Then*

$$\frac{\mathfrak{h}(\mathbb{G})^2}{2} \leq \lambda_2 \leq 2\mathfrak{h}(\mathbb{G}).$$

Proof. See [Lub94] prop. 4.2.4 and prop. 4.2.5 or [Chu96] sec. 3. □

Before proceeding further, let us recall the notion of Cayley graph of a group.

Definition 2.5 (Cayley graph). *Let G be a finite group and S be a symmetric generating set of G . Then the Cayley graph $C(G, S)$ is the graph having the elements of G as vertices and $\forall x, y \in G$ there is an edge between x and y if and only if $\exists s \in S$ such that $yx = x$. If $1 \in S$, then the graph has a loop (which we treat as an edge) going from x to itself $\forall x \in G$.*

A graph is said to be r -regular (where $r \geq 1$ is an integer) if there are exactly r half edges connected to each vertex (except for a loop which counts as one half edge). If $|S| = d$, it is clear that $C(G, S)$ will be d -regular (where $|S|$ denotes the cardinality of the set S).

Next, we recall the definition of the adjacency matrix associated to any finite undirected graph. For any finite undirected graph \mathcal{G} having vertex set $V = \{v_1, \dots, v_{|\mathcal{G}|}\}$ and edge set E , the adjacency matrix T is the $|V| \times |V|$ matrix having T_{ij} = the number of edges connecting v_i with v_j . The discrete Cheeger inequality applies to all finite regular graphs (the inequality also holds for finite non-regular graphs where we need to consider the maximum of the degrees of the all the vertices - see [Lub94] prop. 4.2.4, but for our purposes we shall restrict to regular graphs).

We show the following proposition -

Proposition 2.6 (Criteria for non-bipartite property). *A finite Cayley graph $C(G, S)$ is non-bipartite if and only if there does not exist an index two subgroup H of G which is disjoint from S .*

Proof. Let $C(G, S)$ be bipartite. Then we can partition the vertex set G into two disjoint sets A and B such that $G = A \sqcup B$. Let $1 \in B$. Let $s \in S \cap B$. Then $s^{-1} \in S$ and so $1 = ss^{-1} \in A$. This is a contradiction. So $S \cap B = \emptyset$.

Now suppose $x, y \in B$ but $xy \notin B$. So $xy \in A$. Thus there exists $s_1, s_2, \dots, s_{2r+1} \in S, r \in \mathbb{N}$ such that $s_1 s_2 \dots s_{2r+1}(xy) = y$. This implies that $s_1 s_2 \dots s_{2r+1}x = 1 \in B$. But this is impossible because $x \in B$ so $s_1 s_2 \dots s_{2r+1}x \in A$. Thus we have a contradiction and $xy \in B$. So, B is an index 2 subgroup disjoint from S .

The other direction is clear. □

Lemma 2.7. *Let G be a finite group and $C(G, S)$ denote its Cayley graph with respect to a symmetric set S of size d . Let S be such that*

$$|SA \setminus A| \geq \epsilon' |A| \quad (\epsilon' \text{-combinatorial expansion of } S)$$

for every set $A \subseteq G$ with $|A| \leq \frac{|G|}{2}$ and some $\epsilon' > 0$. Then we have the estimate

$$|SA \setminus A| \geq \frac{\epsilon'}{d} |G \setminus A|$$

for all sets $A \subseteq G$ with $|A| \geq \frac{|G|}{2}$.

Proof. Let $A^c = G \setminus A$. The proof is based on the fact that $|SA \setminus A| \geq \frac{1}{d} |SA^c \setminus A^c|$ for all subsets $A \subseteq G$ and $S = S^{-1} \subset G$.

Let $s \in S$,

$$\begin{aligned} |sA^c \cap A| &= |s^{-1}(sA^c \cap A)| = |A^c \cap s^{-1}A| \leq |A^c \cap SA| \\ \Rightarrow |SA^c \setminus A^c| &= |SA^c \cap A| = |\cup_{s \in S} sA^c \cap A| \leq \sum_{s \in S} |SA \cap A^c| = d|SA \setminus A|. \end{aligned}$$

Hence, we have

$$|SA \setminus A| \geq \frac{1}{d} |SA^c \setminus A^c| \geq \frac{\epsilon'}{d} |A^c| = \frac{\epsilon'}{d} |G \setminus A|.$$

(Using the property of combinatorial expansion of S and noting that $|A| \geq \frac{|G|}{2} \Rightarrow |A^c| \leq \frac{|G|}{2}$). \square

To prove Theorem 1.4 we have to show that, under the given assumptions, we have

$$t_n \geq -1 + \frac{h(G)^4}{\alpha d^6 (d+1)^2},$$

for some absolute constant α (which we shall precise).

Method of Proof : The proof is based on the following strategy. We shall first fix a small real number ζ (depending on the degree d and expansion ϵ) and suppose that the Cayley graph $C(G, S)$ has an eigenvalue less than $-1 + \zeta$. Under this condition, we shall obtain a set A , such that $|A|$ is close to $\frac{|G|}{2}$ and which satisfies certain properties when we take translates of A by elements $s \in S$. This is Lemma 2.8. Using this set A , we shall construct a subgroup H of G whose index will be 2 (when ζ is small enough) and we shall show that this H cannot intersect the generating set S of G . This will give the required contradiction with Proposition 2.6, since the Cayley graph $C(G, S)$ was non-bipartite.

Lemma 2.8. *Let G be a finite group, $k \geq 1$ and $S = S^{-1} = \{s_1, \dots, s_d\}$ be a symmetric generating set of G . Let S be ϵ -combinatorially expanding, i.e.,*

$$|SX \setminus X| \geq \epsilon |X|$$

for every set $X \subseteq G$ with $|X| \leq \frac{|G|}{2}$ and some $\epsilon > 0$.¹ Suppose, there exists a sufficiently small ζ , $0 < \zeta \leq \frac{\epsilon^2}{4d^4}$, such that the adjacency matrix T of $C(G, S)$ has an eigenvalue in $[-1, -1 + \zeta)$. Fix $\beta = d^2 \sqrt{2\zeta(2 - \zeta)}$. Then, there exists a set A with the following properties

- (1) $(\frac{1}{2 + \beta + \frac{d\beta}{\epsilon}})|G| \leq |A| \leq \frac{1}{2}|G|$,
- (2) $|SA \cap A| \leq \frac{1}{\epsilon} \beta |A|$,
- (3) $\forall s \in S, g \in G, |sAg \Delta (Ag)^c| \leq \beta \left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right) |A|$.

¹It is clear that $d \geq \epsilon$ and in fact, considering $X \subset S, |X| \leq \frac{|G|}{2}$ we get that $d > \epsilon$, so that $\frac{\epsilon}{d}$ always remains strictly less than 1 for finite Cayley graphs.

Proof. We have

$$(2.1) \quad \epsilon|X| \leq |SX \setminus X|,$$

whenever $X \subset G$ with $|X| \leq \frac{|G|}{2}$ and using Lemma 2.7 with $|S| = d$

$$(2.2) \quad \frac{\epsilon}{d}|G \setminus X| \leq |SX \setminus X|,$$

whenever $|X| \geq \frac{|G|}{2}$.

Since T has an eigen-value in $[-1, -1 + \zeta)$, T^2 has a non-trivial eigenvalue (say) t' in $((1 - \zeta)^2, 1]$.²

Now consider the set S^2 (obtained by identifying all equal elements in the multi-set $S.S$) and the multi-set $S' = S.S$ (without identification). T^2 is the adjacency matrix associated with S' and $|S^2| \leq |S'| = d^2$. Let $h(G, S')$ denote the vertex Cheeger constant (Definition 1.2) and $\mathfrak{h}(G, S')$ denote the edge-Cheeger constant (Definition 2.2) for G with respect to the multi-set S' .

We have $t' > (1 - \zeta)^2$. Let \mathbb{L} denote the Laplacian matrix of the graph of G with respect to S' , with the adjacency operator T^2 and let its eigenvalues be denoted by $0 = \mathbf{L}_1 \leq \mathbf{L}_2 \leq \dots \leq \mathbf{L}_n \leq 2$. We know that

$$\mathbf{L}_2 = 1 - t' < 1 - (1 - \zeta)^2 = \zeta(2 - \zeta).$$

By the discrete Cheeger-Buser inequality (Proposition 2.4) for the graph of G with respect to S' we have

$$\frac{\mathfrak{h}^2(G, S')}{2} \leq \mathbf{L}_2 < \zeta(2 - \zeta).$$

Hence by Lemma 2.3,

$$\frac{h(G, S')}{d^2} \leq \mathfrak{h}(G, S') < \sqrt{2\zeta(2 - \zeta)}.$$

This implies that $\exists A \subset G$ with $|A| \leq \frac{|G|}{2}$ such that

$$(2.3) \quad \frac{|S^2 A \setminus A|}{|A|} \leq \frac{|S' A \setminus A|}{|A|} < d^2 \sqrt{2\zeta(2 - \zeta)} = \beta.$$

Claim 2.9. $|A \cup SA| \geq \frac{|G|}{2}$ for $\zeta \leq \frac{\epsilon^2}{4d^4}$.

Proof of claim. We know that for arbitrary sets $X, Y, Z \subset G$, $X(Y \cup Z) = XY \cup XZ$. Hence

$$|S(A \cup SA) \setminus (A \cup SA)| = |S^2 A \setminus A| < d^2 \sqrt{2\zeta(2 - \zeta)}|A|.$$

Let $|A \cup SA| \leq \frac{|G|}{2}$. This implies (using equation 2.1 and 2.3) that

$$\epsilon|A| \leq \epsilon|A \cup SA| \leq |S(A \cup SA) \setminus (A \cup SA)| < d^2 \sqrt{2\zeta(2 - \zeta)}|A|,$$

²actually we only need the fact that $t' > (1 - \zeta)^2$. That $t' \neq 1$ follows when we consider non-bipartite graphs, since a graph is bipartite iff T has -1 as an eigenvalue.

which cannot hold for $\zeta \leq \frac{\epsilon^2}{4d^4}$. □

This means that under the assumption $\zeta \leq \frac{\epsilon^2}{4d^4}$ we have $|A \cup SA| \geq \frac{|G|}{2}$.

We can apply Lemma 2.7 to $|A \cup SA| \geq \frac{|G|}{2}$ and use equation 2.2 and equation 2.3 to get

$$\frac{\epsilon}{d}|G \setminus (A \cup SA)| \leq |S(A \cup SA) \setminus (A \cup SA)| = |S^2A \setminus A| < \beta|A|.$$

Noting the fact that $|G \setminus (A \cup SA)| = |G| - |A \cup SA|$, we have

$$|G| - \frac{d\beta}{\epsilon}|A| \leq |A \cup SA| \leq |A| + |SA|.$$

We use the fact that,

$$|SA| \leq |S^2A| \leq |A| + \beta|A|$$

to conclude that,

$$(2.4) \quad \left(\frac{1}{2 + \beta + \frac{d\beta}{\epsilon}} \right) |G| \leq |A|.$$

For arbitrary sets $X, Y, Z \subset G$ we have $X(Y \cap Z) \subset XY \cap XZ$.

Hence

$$|S(A \cap SA) \setminus (A \cap SA)| \leq |S^2A \setminus A| \leq \beta|A|.$$

As $|A| \leq \frac{|G|}{2}$ clearly $|A \cap SA| \leq \frac{|G|}{2}$. So, the hypothesis of ϵ -combinatorial expansion applies to $A \cap SA$ (i.e., $\epsilon|A \cap SA| \leq |S(A \cap SA) \setminus (A \cap SA)| \leq \beta|A|$) and we have

$$(2.5) \quad |A \cap SA| \leq \frac{1}{\epsilon}\beta|A|.$$

Our next aim is to compute the bounds on $|sA\Delta A|, |sA\Delta A^c|, |sAg\Delta Ag|, |sAg\Delta (Ag)^c|$ for $g \in G$.

For this,

$$\begin{aligned} |sA\Delta A| &= |sA \cup A \setminus sA \cap A| \\ &= |sA \cup A| - |sA \cap A| \\ &= |sA| + |A| - 2|sA \cap A| \\ &= 2|A| - 2|sA \cap A| \\ &\geq 2|A| - 2|SA \cap A| \\ &\geq \left(2 - \frac{2\beta}{\epsilon} \right) |A|. \end{aligned}$$

This implies,

$$\begin{aligned} |sA\Delta A^c| &= |G \setminus (sA\Delta A)| \\ &= |G| - |sA\Delta A| \\ &\leq |G| - \left(2 - \frac{2}{\epsilon}\beta\right)|A| \\ &\leq \left(\beta + \frac{d\beta}{\epsilon} + \frac{2}{\epsilon}\beta\right)|A|. \end{aligned}$$

Thus we have

$$(2.6) \quad |sA\Delta A^c| \leq \beta \left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right) |A|$$

and by the symmetricity of S ,

$$|sA^c\Delta A| \leq \beta \left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right) |A|.$$

Now let $g \in G$ be arbitrary. Then we have,

$$\begin{aligned} |sAg\Delta Ag| &= |sAg| + |Ag| - 2|sAg \cap Ag| \\ &= 2|A| - 2|sA \cap A| \\ &\geq \left(2 - \frac{2}{\epsilon}\beta\right) |A|. \end{aligned}$$

(Since for fixed $g \in G$, $X, Y \subset G$, $(X \cap Y)g = Xg \cap Yg$).

Similarly, we get

$$(2.7) \quad |s\mathbf{A}g\Delta(\mathbf{A}g)^c| \leq \beta \left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right) |\mathbf{A}|$$

and

$$|s(Ag)^c\Delta Ag| \leq \beta \left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right) |A|.$$

□

We shall now use the set A which we obtained from the lemma to prove our main theorem.

Theorem 2.10. *Let G be a finite group, $k \geq 1$ and $S = S^{-1} = \{s_1, \dots, s_d\}$ be a symmetric generating set of G . Suppose that G does not have an index two subgroup H disjoint from S . Let S be ϵ -combinatorially expanding, i.e.,*

$$|SX \setminus X| \geq \epsilon|X|$$

for every set $X \subseteq G$ with $|X| \leq \frac{|G|}{2}$ and some $\epsilon > 0$. Then all the eigenvalues of the operator T are $\geq -1 + \frac{\epsilon^4}{\alpha d^6 (d+1)^2}$ where α is an absolute constant (we can take $\alpha = 2^9$).

Proof. The proof will be by contradiction. Keeping the notations of Lemma 2.8, we shall show that if T has an eigenvalue in $[-1, -1 + \zeta)$, where ζ is chosen to be small (precised in Claim 2.11 and satisfying the condition on ζ in Lemma 2.8), there exists an index 2

subgroup, H in G which is disjoint from S . This will give the required contradiction.

First we use Lemma 2.8 to conclude that (under the assumption $\zeta \leq \frac{\epsilon^2}{4d^4}$) there exists a set A with the following properties

- (1) $(\frac{1}{2+\beta+\frac{d\beta}{\epsilon}})|G| \leq |A| \leq \frac{1}{2}|G|$,
- (2) $|SA \cap A| \leq \frac{1}{\epsilon}\beta|A|$,
- (3) $\forall s \in S, |sA\Delta A^c| \leq \left(\beta + \frac{d\beta}{\epsilon} + \frac{2}{\epsilon}\beta\right)|A|, |sA^c\Delta A| \leq \left(\beta + \frac{d\beta}{\epsilon} + \frac{2}{\epsilon}\beta\right)|A|$,
- (4) $\forall s \in S, g \in G, |sAg\Delta(Ag)^c| \leq \beta\left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right)|A|, |s(Ag)^c\Delta Ag| \leq \beta\left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right)|A|$.

Using the above set A , we want to construct the subgroup H of index 2. The method will be to translate A using the elements $g \in G$ and check which of them have large intersection with the original set A (i.e, $|A \cap Ag|$ is ‘‘almost’’ $|A|$).

Take $A_g := A \cap Ag, A'_g := (A \cup Ag)^c$. Let $B = A_g \sqcup A'_g$ (it is a disjoint union). Then

$$G \setminus B = B^c = A\Delta Ag$$

and

$$B = (A\Delta Ag)^c = A\Delta(Ag)^c.$$

Also note that $X\Delta Y = X^c\Delta Y^c$ for all $X, Y \subseteq G$.

We wish to estimate $|B|$ when $g \in G$. For this, we first estimate $|SB\Delta B|$ and $|SB^c\Delta B^c|$.

$$\begin{aligned} |SB\Delta B| &\leq \sum_{s \in S} |sB\Delta B| \\ &= \sum_{s \in S} |s(A\Delta(Ag)^c)\Delta(A\Delta(Ag)^c)| \\ &= \sum_{s \in S} |(sA\Delta s(Ag)^c)\Delta(A\Delta(Ag)^c)| \\ &= \sum_{s \in S} |(sA\Delta s(Ag)^c)\Delta(A^c\Delta Ag)| \\ &= \sum_{s \in S} |(sA\Delta A^c)\Delta(s(Ag)^c\Delta(Ag))| \\ &\leq d(|sA\Delta A^c| + |sAg\Delta(Ag)^c|) \\ &\leq 2d\beta\left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right)|A|. \end{aligned}$$

(where we use the fact that, all the above sets are defined inside G , $X\Delta Y = X^c\Delta Y^c$, $sX^c = (sX)^c$, $s(X\Delta Y) = (sX\Delta sY)$ ³ and Δ is both associative and commutative).

³These do not hold for sets $S \subset G$ in general, i.e., $S.X^c \neq (SX)^c$ and $SX\Delta SY \subset S(X\Delta Y)$ for arbitrary sets $S, X, Y \subset G$. This is one of the main reasons why we had to estimate translates of A by elements $s \in S$ rather than translate of A by S .

Similarly,

$$\begin{aligned}
|SB^c \Delta B^c| &\leq \sum_{s \in S} |sB^c \Delta B^c| \\
&= \sum_{s \in S} |s(A \Delta Ag) \Delta (A \Delta Ag)| \\
&= \sum_{s \in S} |(sA \Delta sAg) \Delta (A \Delta Ag)| \\
&= \sum_{s \in S} |(sA \Delta sAg) \Delta (A^c \Delta (Ag)^c)| \\
&= \sum_{s \in S} |(sA \Delta A^c) \Delta (sAg \Delta (Ag)^c)| \\
&\leq d(|sA \Delta A^c| + |sAg \Delta (Ag)^c|) \\
&\leq 2d\beta \left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right) |A|.
\end{aligned}$$

We now have the following two cases depending on the size of the set B .

(1) $|B| \leq \frac{|G|}{2}$ in which case,

$$(2.8) \quad |B| \leq \frac{2d\beta}{\epsilon^2} (\epsilon + d + 2) |A|$$

(using the fact that $\epsilon|B| \leq |SB \setminus B| \leq |SB \Delta B| \leq 2d\beta \left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right) |A|$).

From this it follows that,

$$(2.9) \quad |A \cap Ag| \leq \frac{d\beta}{\epsilon^2} (\epsilon + d + 2) |A|.$$

(There are two ways to see it. $B = A_g \sqcup A'_g$ and $|A'_g| \geq |A_g|$ when $|A| \leq \frac{|G|}{2} \Rightarrow |A \cap Ag| = |A_g| \leq \frac{|B|}{2}$, is one way. The other way is to use $G \setminus B = A \Delta Ag$. Hence after taking the cardinalities and expanding we have $|B| = |G| - 2|A| + 2|A \cap Ag|$. Then use the fact that $2|A| \leq |G|$, to get that $|A \cap Ag| \leq \frac{|B|}{2}$.)

OR

(2) $|B| > \frac{|G|}{2}$ in which case $|B^c| \leq \frac{|G|}{2}$ and then

$$(2.10) \quad |G \setminus B| \leq \frac{2d\beta}{\epsilon^2} (\epsilon + d + 2) |A|$$

(using the fact that $\epsilon|B^c| \leq |SB^c \setminus B^c| \leq |SB^c \Delta B^c| \leq 2d\beta \left(1 + \frac{d}{\epsilon} + \frac{2}{\epsilon}\right) |A|$).

From this it follows that,

$$(2.11) \quad \left(1 - \frac{d\beta}{\epsilon^2} (\epsilon + d + 2)\right) |A| \leq |A \cap Ag|.$$

(Again, using $G \setminus B = A \Delta Ag$, taking the cardinalities and expanding the expression we have $|G \setminus B| = 2|A| - 2|A \cap Ag|$).

Thus for any $g \in G$, we have either

(i) $|A \cap Ag| \leq \frac{d\beta}{\epsilon^2} (\epsilon + d + 2) |A|$,

OR

$$(ii) |A \cap Ag| \geq \left(1 - \frac{d\beta}{\epsilon^2}(\epsilon + d + 2)\right)|A|.$$

The trick now is to use the method of Freiman in [Fm73] to find a subgroup H of G . We prove it in the following claim.

Claim 2.11. *If $H := \{g \in G : |A \cap Ag| \geq r|A|\}$ where $r = 1 - \frac{d\beta}{\epsilon^2}(\epsilon + d + 2)$ and $\beta \leq \frac{1}{2^3\sqrt{2}} \times \frac{\epsilon^2}{d(d+1)}$, then H is a subgroup of G of index 2.*

Proof of claim. We have $H = H^{-1}$, $1 \in H$ and $r > \frac{1}{2} + \frac{d\beta}{\epsilon^2}(\epsilon + d + 2)$. Also for $g, h \in H$ we have by the triangle inequality

$$\begin{aligned} |A \setminus Agh| &\leq |A \setminus Ah| + |Ah \setminus Agh| \\ &\leq 2(1 - r)|A|. \end{aligned}$$

This implies,

$$|A \cap Agh| \geq (2r - 1)|A|.$$

Hence, gh cannot belong to case (i), gh belongs to case (ii), i.e., $gh \in H$. So H is a subgroup of G .

Let $z = \frac{d\beta}{\epsilon^2}(\epsilon + d + 2)$. Using the estimate,

$$\begin{aligned} |A|^2 &= \sum_{g \in G} |A \cap Ag| \\ &\leq |H||A| + \frac{d\beta}{\epsilon^2}(\epsilon + d + 2)|A||G \setminus H|, \end{aligned}$$

we have

$$|A| \leq |H| + z(|G| - |H|),$$

which implies that,

$$\left(\frac{1}{2 + \beta + \frac{d\beta}{\epsilon}}\right) |G| - z|G| \leq (1 - z)|H|.$$

(Using the fact that $\left(\frac{1}{2 + \beta + \frac{d\beta}{\epsilon}}\right) |G| \leq |A|$).

The index of H in G is 2 if $|H| > \frac{|G|}{3}$ and thus, to conclude that H is a subgroup of G of index 2, it suffices to show that ⁴

$$\begin{aligned} \left(\frac{1}{2 + \beta + \frac{d\beta}{\epsilon}} - z\right) &> \frac{1 - z}{3} \\ \Leftrightarrow \frac{1}{\left(2 + \beta + \frac{d\beta}{\epsilon}\right)} &> \frac{1 + 2z}{3}. \end{aligned}$$

Substituting the expression for z , it suffices to show that,

$$\left(2 + \beta + \frac{d\beta}{\epsilon}\right) + \frac{2d\beta}{\epsilon^2}(\epsilon + d + 2) \left(2 + \beta + \frac{d\beta}{\epsilon}\right) < 3,$$

⁴Note that $H \neq G$ since there are elements $g \in G$ such that, $g \in G \setminus H$.

i.e.,

$$\left(\beta + \frac{d\beta}{\epsilon}\right) + \frac{2d\beta}{\epsilon^2}(\epsilon + d + 2) \left(2 + \beta + \frac{d\beta}{\epsilon}\right) < 1.$$

Now, using the fact that $\beta < \frac{1}{8\sqrt{2}}$, $\frac{d\beta}{\epsilon} < \frac{1}{8\sqrt{2}}$, $\frac{2d\beta}{\epsilon^2} < \frac{1}{4\sqrt{2}(d+1)}$, $\epsilon < d$, $\frac{1}{4\sqrt{2}} < 0.177$, we have,

$$\begin{aligned} & \left(\beta + \frac{d\beta}{\epsilon}\right) + \frac{2d\beta}{\epsilon^2}(\epsilon + d + 2) \left(2 + \beta + \frac{d\beta}{\epsilon}\right) \\ & < \left(\frac{1}{8\sqrt{2}} + \frac{1}{8\sqrt{2}}\right) + \frac{1}{4\sqrt{2}(d+1)}(2d+2) \left(2 + \frac{1}{8\sqrt{2}} + \frac{1}{8\sqrt{2}}\right) \\ & = \frac{1}{4\sqrt{2}} + \frac{d+1}{d+1} \cdot \frac{2 + \frac{1}{4\sqrt{2}}}{2\sqrt{2}} \\ & < 0.177 + 0.77 \\ & < 1. \end{aligned}$$

Hence the index of H in G is 2 if $d^2\sqrt{2\zeta(2-\zeta)} = \beta \leq \frac{\epsilon^2}{2^3\sqrt{2}\cdot d(d+1)}$. This gives us the fact that, for all $\zeta \leq \frac{\epsilon^4}{2^9d^6(d+1)^2}$, the index of H in G is 2. \square

Up until now, we have argued formally that under the condition on ζ (equivalently β) being small enough for the set A to exist (essentially $\beta < \epsilon$ or $\zeta \leq \frac{\epsilon^2}{4d^4}$). From the above claim, we see that all $\zeta \leq \frac{\epsilon^4}{2^9d^6(d+1)^2}$ satisfies this condition (since $\frac{\epsilon}{d} < 1$). From now on fix $\zeta(> 0)$ to be any real number $\leq \frac{\epsilon^4}{2^9d^6(d+1)^2}$.

We have found an index two subgroup H in G . We shall now show that this subgroup H is disjoint from S .

Suppose, on the contrary that $t \in S \cap H$. This means the following

- $t \in S$. Therefore, $|tA \cap A| \leq |SA \cap A| \leq \frac{\beta}{\epsilon}|A|$ (see Lemma 2.8).
- $t \in H$. Therefore, by definition of H , $|tA \cap A| \geq r|A|$, where $r = 1 - \frac{d\beta}{\epsilon^2}(\epsilon + d + 2)$.

Combining, we see that $r \leq \frac{\beta}{\epsilon}$. This is clearly a contradiction since $0.82 < (1 - \frac{1}{4\sqrt{2}}) \leq r$ and $\frac{\beta}{\epsilon} < \frac{1}{8\sqrt{2}} < 0.09$.

This implies that $S \subset G \setminus H$, contradicting the hypothesis.

To summarise, we have shown that - for any fixed $\zeta \leq \frac{\epsilon^4}{2^9d^6(d+1)^2}$, if there exists an eigenvalue of the normalised adjacency matrix of $C(G, S)$ less than $-1 + \zeta$, then $C(G, S)$ must be bipartite (equivalently it has an index 2 subgroup disjoint from S). That means, for non-bipartite $C(G, S)$, we must have all eigenvalues of the normalised adjacency matrix $\geq -1 + \frac{\epsilon^4}{\alpha d^6(d+1)^2}$ with $\alpha = 2^9$. We are done. \square

Since, by definition, the vertex Cheeger constant $h(G)$ is the infimum of $\frac{|SX \setminus X|}{|X|}$, we can replace ϵ by $h(G)$ in the above arguments, thus proving Theorem 1.4.

3. CONCLUDING REMARKS

The above bound is dependent on the Cayley graph structure and does not hold for general non-bipartite finite, regular graphs. In the setting of arbitrary finite regular graphs some recent works are worth mentioning. Bauer and Jost in [BJ13] introduced a dual Cheeger constant \bar{h} which encodes the bipartiteness property of finite regular graphs. The dual Cheeger constant \bar{h} of a d regular graph is defined as

$$\bar{h} := \max_{V_1, V_2, V_1 \cup V_2 \neq \emptyset} \frac{2|E(V_1, V_2)|}{\text{vol}(V_1) + \text{vol}(V_2)},$$

for a partition V_1, V_2, V_3 of the vertex set V , $\text{vol}(V_k) = d|V_k|$ and $|E(V_1, V_2)|$ denotes the number of edges going from V_1 into V_2 . For a general regular graph it was shown by Bauer-Jost (and independently by Trevisan [Tre09]) that

Theorem 3.1 (Bauer-Jost [BJ13]). *Let λ_n be the largest eigen-value of the graph Laplace operator. Then λ_n satisfies*

$$\frac{(1 - \bar{h})^2}{2} \leq 2 - \lambda_n \leq 2(1 - \bar{h})$$

and the graph is bipartite if and only if $\bar{h} = 1$.

There is also the concept of higher order Cheeger constants introduced by Miclo in [Mic08].

Some recent works treating higher order Cheeger inequalities for general finite graphs are those by Lee–Gharan–Trevisan in [LGT14] and Liu [Liu15] (for the dual case) etc.

ACKNOWLEDGEMENTS

I wish to thank Emmanuel Breuillard for the problem and also for a number of helpful discussions and advice on the subject. I wish to thank the anonymous referees for their comments and suggestions, thus improving the article. I also wish to acknowledge the support of the OWLF programme of the Mathematisches Forschungsinstitut Oberwolfach.

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UNIVERSITÄT WIEN, FAKULTÄT FÜR MATHEMATIK, OSKAR-MORGENSTERN-PLATZ 1, 1090 WIEN, AUSTRIA.

Email address: biswasa43@univie.ac.at